



Got Core?™

Build & strengthen your core
through yoga

Core Classes offered 3 days a week

Mondays 5:45 to 7 pm, Thursdays 7:15 to 8:30 pm,

Fridays 10:30 to 11:45 am

Simple Abundance Yoga

4411 N. Roan Street, Suite 23

Across from Boone's Creek Middle School

www.simpleabundanceyoga.com