

Simple Abundance Yoga

hosts

Blue Moon Yoga

& Midnight Meditation

Thursday, December 31st

Beginning at 10:30 PM

Celebrate the coming New Year
in a beautiful, reflective and unique way

\$ 10 per person

A blue moon is a full moon that is not timed to the regular monthly pattern. Most years have twelve full moons which occur approximately monthly, but in addition to those twelve full lunar cycles, each calendar year contains an excess of roughly eleven days. The extra days accumulate, so that every two or three years there is an extra full moon. The extra moon is called a "blue moon."

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