

Upcoming Workshops & Special Classes at Simple Abundance Yoga

Yes! We are open July 3rd & 4th!

Couple's Yoga

Friday, July 10th* 7 to 8:15 pm

\$ 18 per couple

*please note the change in date for this class

Relief from Headaches Workshop

Monday, July 20th 7:30 to 9:00 pm

\$ 12 per person

(must pre-register by July 10th—\$5 deposit)

Black Light Yoga

Friday, July 24th 9 to 10:15 pm

\$5 per person

Sun Down Yoga at the Beach

Friday, July 31st @ Winged Deer Park 9 pm

FREE!

Summer Saturdays are ABUNDANT - bring your extra garden abundance to share with others!